We're we're we're
We're the b-boys, we don't regret
There's nothing wrong with your TV set
We're a gettin loose
We couldn't be harder
Our beats are bigger and better and longer
Got real rock shit
You must admit
Not fake, not false, not counterfit
I can play the drums, I can play gituar
Not just b-boys, but real rock stars
Rock, rock rock...

When we borrow your shit, you better hit the deck You'll walk the plank for your dis Respect, respect, respect...

If you front on the Rock, best run and hide If you got static, we'll take it outside And you start to get dulled by the Beastie Boys Use real rock beats, show off big toys Like claps of thunder from the cumulus clouds So we'll pump up the beat and make it real loud Loud...

A, then scrach it...

Heavy metal tension running through your blood
Too much rock step off the pud
Too much treble mid-range and bass
The beat's so hard it'll dick your face
You'll crush out hard rock hard beats hard
Rock cold rythms for fanitic freaks
Some people say this has been done
We're hear we're now
And the battles won

Fists...

Fists of fury in an MC bout
Rock so hard it'll knock you out
The very first blow is a kick in the snout
The beat's so def that you better beware
When you're talkin' bass right in your face
The walls crumble down, destroying the place
The finishing touch is the bokasat-slam
The final blow in the five finger jam

Some...

Sometimes I write rythms rather write rhymes
He writes his and I write mine
Rock 'n roll rythms are raunchy and ronkis
We're from Manhatten, you're from Secaucus
Mike D AdRock and MCA
Not before long I can hear you say
In a way these boys got juice
They're goin' off you know they love to get loose
Get loose get loose...
Poose
Gettin' the Ad AdRock

 $\ensuremath{\mathsf{MCA}}$ Mike D. in the place to be The Beastie Boys showin' up in toy That's right Uh, Uh In the place to be You know it, you know it AdRock, uh uh When the party gets loose Slop one, slop one And your goin' the boots Everybody gettin' trouble LOV on the New York C. Double R double R Better off the by Just takin' off the jile Like I lost my style Gonna' grab my rhyme All the nigros the got style Oh...