

# Who Needs Sleep?

## Barenaked Ladies

Now I lay me down not to sleep  
I just get tangled in the sheets  
I swim in sweat three inches deep  
I just lay back and claim defeat

Chapter read and lesson learned  
I turned the lights off while she burned  
So while she's three hundred degrees  
I throw the sheets off and I freeze

Lids down, I count sheep  
I count heartbeats  
The only thing that counts is  
that I won't sleep  
I countdown, I look around

Who needs sleep?  
well you're never gonna get it  
Who needs sleep?  
tell me what's that for  
Who needs sleep?  
be happy with what you're getting  
There's a guy who's been awake  
since the Second World War

My hands are locked up tight in fists  
My mind is racing, filled with lists  
of things to do and things I've done  
Another sleepless night's begun

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There's so much joy in life,  
so many pleasures all around  
But the pleasure of insomnia

is one I've never found  
With all life has to offer,  
there's so much to be enjoyed  
But the pleasures of insomnia  
are ones I can't avoid

Lids down, I count sheep  
I count heartbeats  
The only thing that counts is  
that I won't sleep  
I countdown, I look around

Hala Hala Hala

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[Repeat]