What's that look on your face
So miserable uncomfortable
Why you looking so sad
I thought you'd get into it
Relax and go with the flow
Should take it slow you never know
Are you feeling alone
Maybe you should go

You seem so serious that won't get you nowhere Take a breath and count with me Come on now one two three

Because you're uptight
Everything is gonna be alright alright
Uptight why don't you just let yourself feel right uh huh
You know you're uptight
Everything is gonna feel alright alright
Uptight why don't you just let yourself feel right
Oh yeah

Wipe that look of your face So confused you're not amused Why you looking so sad Thought that you'd get with it Come on now get with it

What's running through your head What is running through your mind boy Take a breath and count with me Come on now one two three

Because you're uptight
Everything is gonna be alright alright
Uptight why don't you just let yourself feel right uh huh
You know you're uptight
Everything is gonna feel alright alright
Uptight why don't you just let yourself feel right
Oh yeah

Take a deep breath don't get uptight unwind have fun with me Take a deep breath it will be alright relax and you'll be free Take a deep breath don't get uptight unwind have fun with me Take a deep breath it will be alright relax and you'll be free

What's running through your head What is running through your mind boy Take a breath and count with me Come on now one two three

Because you're uptight
Everything is gonna be alright alright
Uptight why don't you just let yourself feel right uh huh
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