I need a long walk, with someone who knows what to do
I need a long talk, I need a helping hand to pull me through
I need a tall drink, with somebody who cares, I need someone he
re for company

It's time to rethink and somehow find a way to put an end to th is mystery

See I don't know, the pain won't go
And the hurt inside is getting so damn hard to hide

So now I pay the price, I wonder how much it's gonna take I've gotta roll the dice, and try to take all this heartache

But I still don't know, the pain won't go
And the hurt inside is getting so damn hard to hide

I gotta work it out, 'cause my heart is still racing, racing aw ay

Work it out, 'cause my heart is still breaking, hey

So now I'll take this long walk, I don't want anybody listenin' 'Cause I really wanna pour it out, and all went out without eve r giving in

But I still don't know, the pain won't go
I'm still hurting inside and it's so damn hard to hide

You gotta help me work it out, 'cause my heart is still racing, racing away

Work it out, 'cause my heart, my heart is breaking away I've gotta work this out, 'cause my heart is still racing away Yeah, work it out, 'cause my heart, it's so much a part of me

Work it out - gotta work it out

My heart is still racing - and I'm wasting away

Work it out - I've gotta work it out...