

Forgive and Forget

Avalon

Me and my shadow
He goes wherever I go
My darker side sometimes chases me home
He makes me feel guilty
For things I'm forgiven of
Says I'm unworthy
While you say I'm loved

Lest I forget it
You have said it I believe

If I forget
That you forgive
Will that affect
The way I live
What I regret
I won't believe
I won't forget
That you forgive me

He's my distraction
'Cause he knows my passion is you
His broken record plays 'round and 'round inside my head
He'd keep my own two eyes
Focused on pitiful me
But I'll turn my heart in love
Toward the world instead
Lest I forget it
I'm forgiven and I'm free

I am living in the promise of a merciful place
Where all my shame is gone
I am living in the freedom of forgiveness and grace
It's all I am counting on