You're confined
You're contained
You've been living a lie for so long
You don't know what it means
You're controlled
You're set free
This time they're going to listen
Because you're playing for keeps
I can't believe what I'm hearing or saying
I was alive when you twisted my words
It's truly killing me in this situation
I was alive what was it really worth?

Hold me down
Speak your peace
Spit your lies
Just wait and see
Hold me down
You've got me wondering

Is anybody listening?
Can anybody see?
From where you're standing
You're looking right through me
Is anybody there?
To see what's happening
This is the day that I've been waiting for patiently
Bring on the 21st century breakout
Are you breathing?
Cause I am right now
Hold on to me
Hold on to me
I'm still breathing

You're denied
You're released
This conversation has got us driving right into insanity
Let this go you confess
Come on and tell me a story
That will make this progress
I can't believe that we're stuck and replaying
And now it's fading fast
The company that we've been keeping
Is about to turn their backs

Because you know what you wanted
Chances are you shut down way too soon
So let's be honest
It's like I'm screaming at a wall
There's no reaction
Just try and remember
This is something that you can't ignore.