Saturated with sex stereotypes gender roles reinforce inferiority Exploiting anatomy, exploiting sexuality, preying on insecurities Force fed proper mannerisms, treated different from the date of birth Raised as men's servants who should never question their own sense of worth

Conditioning children with anorexic plastic of 'perfect' feminine traits Learning how to hide any blemishes, meeting standards men create Painting flesh like painting a picture that subliminally suggests To equally conditioned men that women are just there for sex Striving to achieve the super model image the media project Spending countless hours enhancing a look instead of self respect Eating disorders insuring beauty and endangering health When living life behind a mask you cant expect to know yourself When women are taught one way to act and men are taught another The ability to accept and tolerate is absent from each other Without understanding or communication the result too often is Bigotry by ignorance unintended prejudice Any man that would treat a woman as property you keep is nothing but an ignorant bigot that can only see skin deep having a relationship of inequality, treating a woman as a possession taking advantage of devotion using emotions as a weapon violating another's personal rights as if they never mattered every day that begins with this conditioning ends with another woman battere taught how to act, taught how to think taught how to feel, told by another gender sexist appeal dehumanizes women molding an image making the body more important then what the person is taught to pretend, taught to please taught to conceal, told that you must surrender sexist appeal demoralizes men, distoriting their view making the body the most important part to pursue initiating a chase that relies on deception hoping persistant efforts will overcome rejection conditioned by images lusting for sex haunting men's thoughts of who they'll bed next taught how to act, taught how to think taught how to feel, told by another gender sexist appeal dehumanizes women by abusing sexuality another person's body shouldn't be viewed as a trophy taught to pretend, taught to please taught how to feel, told that you must surrender sexist appeal demoralizes men, encouraging rape another persons body is never for anyone else to take treating a fellow person without any respect condemning behavior as if the woman asked for it society's distorted our judgement with what they suggest why take no for an answer when no really means yes

[Woman's part]

we've heard it all so many times before stop treating women like some trashy cheap whore or a virgin that must lead to a sterile life a surrogate mother under the disguise of the word wife they make the rules but yet they don't play fair forcing sexual stereotypes that make us all aware of every single one of our failures in the eyes of society

telling me that I'm not quite what I'm supposed to be
I'm not married with two children or single with a career
I'm not drowning in some mortagage or living in financial fear
I don't cower as I walk home all alone throughout the streets
I refuse to be treated like a piece of trumped up meat
I turn away from the billboards that extol the latest fad
Of looking like a junkie in the Calvin Klein ad
Now its time to get beyond all of our rage and pointing fingers
To see through the lies no matter how much it lingers

[Man's part]

As long as I can remember ive been a victim of mans lies And in turn ive victimized women through ignorant naive eyes When overlooking personality in the person im seeing Then my attraction becomes the exploitation of another human being In my heart I know equality but conditioning affects my brain So without complete understanding oppression will remain For as enlightened as I may consider myself I still have much to learn And since actually achieving equality still is a concern I must open my mind to the opinions that women would suggest Because theyre the ones who understand sexual oppression best As a man im part of the problem that's something I must accept Unless through education I can evolve towards a mutual respect Everyone of us should realize how our struggle now relates And how as equals we can destroy what society dictates We can hopefully find a way to respectfully co-exist And then eliminate the biggest prejudice that exists

[Both together]

because this is not about man vs. woman or woman vs. man but human to human as we struggle to understand were living life suspiciously believing there's no one we can trust theyre dividing the population the system is destroying us profiting from this division and the line of thinking that's been bought if equality is ever to exist we have to unlearn what weve been taught bigotry by ignorance unintended prejudice