

## Get Down

Audio Adrenaline

Lavishly our lives are wasted  
Humbleness is left untasted  
You can't live your life to please yourself , yeah  
That's a tip from my mistakes  
Exactly what it doesn't take  
To win you've got to come in last place  
To live your life you've got to lose it  
And all the losers get a crown

R: I get down and He lifts me up  
I get down and He lifts me up  
I get down and He lifts me up  
I get down

All I need's another day  
Where I can't seem to get away  
From the many things that drag me down, yeah  
I'm sure you've had a day like me  
Where nothing seems to set you free  
From the burdens you can't carry all alone  
In your weakness He is stronger  
In Your darkness He shines through  
When you're crying He's your comfort  
When your all alone, He's carrying you

R:

This valley is so deep  
I can barely see the sun  
I cry out for mercy, Lord  
You lift me up again