

## Moving Backwards

ATB

My head is full of empty phrases  
And a noise I've never heard  
Is it that I'm feeling sorry  
For the things I do regret

You said we'd better be moving slowly  
And it's time to take a rest  
Just be aware of who we are  
And turn back time instead

We're moving backwards  
Into a life we had before  
Appreciate forever more

We're moving backwards  
And lead a life we had before  
But love the simple things that we used to ignore

Moving backwards  
Moving backwards

In the wake of indecision  
Reality can be unkind  
Some lead and some they follow  
Or is it blind leading blind

So we'd better be looking backwards  
And it's time to take a view  
At the promise of tomorrow  
We can start anew

We're moving backwards  
Into a life we had before  
Appreciate forever more

We're moving backwards  
And lead a life we had before  
But love the simple things that we used to ignore

Moving backwards  
Moving backwards