

Even though I know it's only chemical  
These peaks and valleys are beginning to take their toll  
Try to convince myself that all it takes is time  
But the most derisive voice I hear is mine

It opens all the scars on me  
It leaves me shaken in my belief  
It takes my hand just to drag me down  
It makes me a stranger in the crowd

Give me isolation just for now  
I feel a hard rain coming down  
I promise that I will be back soon  
But for now I'll return to my cocoon

There is thunder in the distance and the sky grows gray  
There is lightning in the clouds in search of prey  
It's not a matter of if as much as when  
The clouds will break and the rainfall will begin

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Cracks in the chrysalis spread out like tiny snakes  
That hiss a litany of rumors and mistakes  
But I'm afraid their cause is fraught with futility  
There is nothing more that they can take from me

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