

## Can't Save Myself

As It Is

I can't help the way my mind is hardwired to hate myself  
'Cause I swear that this is hell  
The way I desperately try to save myself  
'Cause I can't save myself

A single breath (in empty lungs)  
That's all I got left (gasping for air)  
And a bad idea branded in my brain I can't seem to shake  
Another day (in tired skin)  
I shed and fray (far from desire)  
'Til all I am is textbook misery and my own mistakes (my own mistakes  
)

And as I've aged the only thing I think has changed  
Is that the demons have moved from under my bed  
Into the inner depths of my head  
I can't escape the ugly things my mind creates  
I speculate that they'll stay with my 'til the grave

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'Cause I swear that this is hell  
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'Cause I can't save myself  
Can't save myself

In broken bones (a half-hearted smile)  
I feel at home (I'm proud of nothing)  
I tend to get attached so quick to all I've ever known (all I've ever  
known)  
But I don't seem to know a single fucking thing that can save me  
I'm my own worst enemy  
Is there any hope for me?

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I'm the boy who chose not to grow up and now I'm unprepared for anything.  
Now I'm scared and I'm cold and alone because the world grew up without me. [x2]

I'm the boy who chose not to grow up and now I'm unprepared for anything.  
(Is there any hope for me?)  
Now I'm scared and I'm cold and alone because the world grew up without me.  
(Is there any hope for me?)

I can't help the way my mind is hardwired to hate myself  
Is there any hope for me?

'Cause I swear that this is hell  
The way I desperately try to save myself  
'Cause I can't save myself