

With a mouthful still to swallow  
The diet starts tomorrow  
Whenever I get hurt I  
Skip dinner have a big dessert  
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Skip dinner have a big dessert  
I went to the doctor  
I'm not going back  
He said "you're prime for a heart attack"  
(woo ooh ooh ooh)  
I know I should take better care of my health  
But when I'm down, vegetables don't help  
Whenever I get hurt I  
Skip dinner have a big dessert  
Whenever I get hurt I  
Skip dinner have a big dessert  
I went to the patisserie  
They're always very happy to see me  
(woo ooh ooh ooh)x2  
I've got these cravings, and I can't stop them  
It's only a problem if you admit it's a problem  
I admit I've got a problem  
I admit I've got a problem  
I admit I haven't got any clothes that fit  
Whenever I get hurt I  
Skip dinner have a big dessert  
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It's only a problem if you admit it's a problem  
I admit I've got a problem  
I admit I've got a problem  
I admit I haven't got any clothes that fit  
It's hard to address the elephant in the room  
When everybody knows that elephant is you  
With a mouthful still to swallow  
The diet starts tomorrow  
I know why you look ridiculous  
Those calories taste delicious  
Whenever I get hurt I  
Skip dinner have a big dessert  
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Skip dinner have a big dessert