Dance Dance Dance

Shake a leg Shake a leg

Why, why do you stand aside You shouldn't miss the fun Why don't you try Sway, your body as I say And in a little while you feel o'key

Warming up, cooling down Warming up, cooling down One-two-three-four-five-six-seven-eyght

Dance, dance, dance Dancing for your body Dance, dance, dance Don't give up until you've got it Dance, dance, dance Dancing for your body Dance, dance, dance Work it out let everybody dance Oh what a wonderful chance To be beautiful Dance, dance, dance... dance

Shake a leg

Look, no time to read a book Aerobic dancing has you on the hook Learn, if you go for the burn You body's gonna thank you in return

Warming up, cooling down Warming up, cooling down One-two-three-four-five-six-seven-eyght

Dance, dance, dance Dancing for your body Dance, dance, dance Don't give up until you've got it Dance, dance, dance Dancing for your body Dance, dance, dance Work it out let everybody dance Oh what a wonderful chance To be beautiful Dance, dance, dance... dance

Shake a leg Cross-cross, one-two-three-four Step-step, clock-clock, fall to the floor Shake a leg Contract, one-two-three-four, Kick, change, kick, change, In-out, in-out, Cross-cross, clock-clock, one-two-three-four

Arabesque

Dance, dance, dance Dancing for you body Dance, dance, dance Don't give up until you've got it Dance, dance, dance Dancing for your body Dance, dance, dance Work it out let everybody

Dance, dance, dance Ooh-ooh-ooh Dance, dance, dance Don't give up until you've got it Dance, dance, dance Ooh-ooh-ooh Dance, dance, dance Work it out let everybody

Dance, dance, dance Dancing for you body Dance, dance, dance Don't give up until you've got it Dance, dance, dance Dancing for your body Dance, dance, dance Work it out let everybody