

This is not the time to wonder why  
Just let the heart and mind  
Be still for just some time  
This is the time for the rest  
Just let it go  
You know its for the best

If you're fragile,  
and if you're delicate  
Take my hand but be gentle with me please  
Let the river flow  
Washing over me  
for a while  
But be gentle with me please

This is not the time to compromise  
if you're feeling it too  
Then you've realised  
This is the time for a change  
Yes you know it's true  
Deep down within you

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