You know an apple a day Won't keep the doctor away

Welcome to the cliches welcome to the part Where we wanna finish What we can't start Come and get me

Just don't miss the water Until the well is dry You got to learn walking After you can fly Come and get me

What goes in, will get out What goes up, comes right down We go up, we go up, we go up

You know an apple a day
Won't keep the doctor away
Were never taught what we teach
And won't practice what we preach
You know an apple a day
Won't keep my troubles away
Once bitten bye, bye
All the cliches is here to die

Just eat all the people
On your way up
Cause they will eat your heart out
On your way down
Come and get me

Start what you can't finish Stick to what you can't Life is here to help us Get things out of hand Come and get us

What goes in, will get out What goes up, comes right down We go up, we go up

You know an apple a day
Won't keep the doctor away
Were never taught what we teach
And won't practice what we preach
You know an apple a day
Won't keep my troubles away
Once bitten bye, bye
All the cliches is here to die

Cause you are what you're eating Don't stick to what's true You are what you're eating Let it come as it came We are what we are
What's build up will fall
Do what you want and be happy, be happy, be happy

You know an apple a day
Won't keep the doctor away
Were never taught what we teach
And won't practice what we preach
You know an apple a day
Won't keep my troubles away
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'Cause you are what you're eating Don't stick to what's true You are what you're eating Let it come as it came

We are what we are What's build up will fall Do what you want and be happy