Mop up the floor with that bullshit Cause I'mma stick and move I'mma stick and move anybody Do anything To get what I need To take care of me and mine Stick and move, outta the way Duck ya head, time to pray I'm lookin' for anyone who ever doubted See me in the streets if ya wanna talk about it These days I got nothing but time So I'm gonna use it all to chase down what's mine Actin' crazy when you know you're soft And the only thing hard is that shit you talk You ever seen a redskin get tipsy Then take it to the old school 1850 Arrow stuck in the back of ya neck Just because ya mama raised you to disrespect New game means whole new rules And I guarantee ya'll that I will not lose I guess I'm gonna take ya back to my roots Warriors stand up and let's get these fools Stick and move Stick and move Stick and move Left to right Stick and move Stick and move Pack it up, pack it up, pack it up, pack it up Stick and move Stick and move Stick and move Left to right Stick and move Stick and move Stick and move Don't let no one get ya Ha ha! That's what I'm talkin' about Stick and move like a heavyweight knockin' you out What you thinkin' about When you runnin' your mouth Tellin' people that you know me like you live in my house Things like that, I won't take I'mma grown ass man ya best get that straight All I do is roll state to state So I can look into the eyes of those who relate So if you comin' with me then let's go We gonna make it more hype than the night before Just a bit more out of control So learn to live a little and watch your life grow

But when you're livin' in the ghetto, life don't seem long

Don't mean to steer you wrong

Stick and move, move and stick

Cause second chances don't come that quick

Stick and move Stick and move Stick and move Left to right Stick and move Stick and move Pack it up, pack it up, pack it up, pack it up Stick and move Stick and move Stick and move Left to right Stick and move Stick and move Stick and move Don't let no one get ya Come stick and move with me Right through the industry Come stick and move with me Stick and move Stick and move Let's say this was a game of tag Will ya hide and go get whatever made ya mad? I see you, can you see me? Even though I stick and move through the industry Skip back, play it again We should all represent our race Open your eyes, cause what you want Is staring you right in your face Stick and move Stick and move Stick and move Left to right Stick and move Stick and move Pack it up, pack it up, pack it up, pack it up Stick and move Stick and move Stick and move Left to right Stick and move

Stick and move Stick and move

Don't let no one get ya