Backwards and forwards and upside down I'm the one who could say I've been around Yes, I've been around Use and abuse, built to last Core of iron burning fast

Up down sideways
Up down sideways

Chaotic frenzy, a constant delight
Moth to a flame, shooting stars at night
Shooting stars at night
Adapt or die with no change
Variety is nice, can't be strange

Up down sideways Up down sideways

I will find a way
I live it every way
What can I say?

Up down sideways Up down sideways

Hands in the air, Ow! I've blown my fuse Hold the temper, bound to lose Bound to lose
Over the edge and back again
This in now and now's not then
Alright!

Up down sideways
Up down sideways
Up down sideways
Up down sideways