

# Change

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Change...

If there ever was a moment in your life  
When you turned to take a look at yourself  
A long hard cold stare at the person you are  
It doesn't matter what brought you here,  
To this point in time  
It could have been your lover or your teacher  
Or maybe just a good friend  
But now is the moment, now is your chance,  
Now is the beginning of a new dance  
It's all too easy to say, "I am who I am"  
To allow yourself to shrug your shoulders and say, "Accept me, I accept  
Myself".

Change...

Embrace it!  
Don't just turn and face the strain.

Every threshold is surrounded by fear  
As you step over it, it becomes resolution  
Find the blocks that prevent you from achieving your goals  
The personal patterns that you repeat again and again.  
Break the pattern, the karma  
Crack it open!

And...

Change.

It's scary as hell, but let go of the rope  
Let go of behaviour that you think holds you up.  
Because it ties you down, it only holds you back  
It's time to fly without the aid of a net  
Parachutes are gone, that stopped you from falling  
Scared of the freefall - the chaos is calling.

And the changes don't finish, just because you started  
Allow yourself the lessons,  
There's room for the heartache  
Acknowledge the breakthroughs,  
But know there's always more.  
Don't stop yourself from being all you can be  
To measure up to all he's expected to achieve  
A man must do more than he is capable of,  
Man is what he believes.