I'm telling you it was a long way down Heaven and hell
And all the people that I have loved
Disappeared somehow
Now I just did what I have been taught
Covering up my soul
For those who do not need me
I must go on

I lay it down
When you walked I walked right with you
You know I was always around
Lay it down

Tell me where did it all went wrong
I'm running wild
Is it the things that I might have said
I only wish I knew
Now that the next waves come in slow
So I can still glide
Now take me to the one I love
With my head held high

Now lay it down
When you walked I walked right with you
You know I was always around
Lay it down

I guess I forgive you
I guess that I miss you
I can't help myself hey wait
No I don't wanna be alone the rest of my life
Now don't go 'cause it's too hard for me to
Lay it down