For a little while
We know what heartache is
And we feel the pain the world can sometimes bring
For a while
We cry in the night
Without a single song to sing
But one day all will change
There'll be no more stormy rain
Then at last we will rest forevermore

So if you're in the valley
And life is so unkind
And, if the tears keep falling
From your tired eyes
If burdens seem so heavy
And it's hard to smile
Then just remember
It's only for a while

For a little while
You lose someone you love
And miss the times together that you shared
For a little while
You feel all alone and scared
With no one there to hold
Oh, the nights get long and cold
But it won't last
It will pass in time

So if you're in the valley
And life is so unkind
And if the tears keep falling
From your tired eyes
If burdens seem so heavy
If it's hard to smile
Then just remember
It's only for a while