I can no longer watch TV
Cause that shit really melts my brain
I think I'm what they call sensitive
And easily thrown off my game

All that bloodshed and pettiness Just makes the world seem so insane And I just feel drained

When I go to do my food shopping
And all I can see is the packaging
One big mountain of garbage
About to be happening

And I walk past my own self-loathing Like I walk past animals in the zoo Trying not to really see them And the prison they didn't choose

If I should ever quit your spotlight I hope you won't think me wrong Says the poet to the moonlight Says the singer to the song

It's enough just to stay upright Upright in every single way Pour your love into your children Until there's nothing left to say

Pour your love into your children Until there's nothing left to say