

## The Heat

Angie Stone

Hope this isn't enough said  
Ain't got time to be a-makin' up my own bed  
Hope this don't offend you  
It's insulting and I've gotten that, too  
I've been saving up so I can feel right  
Keepin' up by stashing funk in my backpack  
Watching other's slide back on politics  
Guess to know the game is to know the tricks

If you can't stand the heat, get out the kitchen  
If you can't stand, stand the heat get out the kitchen

Oh no, listen  
Went to church on sunday mornin'  
On my knees while I was prayin'  
Askin' God for the strength to  
To just keep on winning (he said)  
Just keep your soul sacred and store your knowledge safely  
Your heart is good as gold, I got you in my fold

And if you can't stand the heat, get out of the kitchen  
If you can't stand the heat