As you go through life you'll see There is so much that we Don't understand

And the only thing we know Is things don't always go The way we planned

[But you'll see every day]
[That we'll never turn away]
When it seems all your dreams come undone

[We will stand by your side]
[Filled with hope and filled with pride]
We are more than we are
We are one

If there's so much I must be Can I still just be me The way I am?

Can I trust in my own heart
Or am I just one part
Of some big plan?

[Even those who are gone]
[Are with us as we go on]
Your journey has only begun

[Tears of pain, tears of joy]
[One thing nothing can destroy]
Is our pride, deep inside
We are one

[We are one, you and I]
[We are like the earth and sky]
One family under the sun

[All the wisdom to lead]
[All the courage that you need]
You will find when you see
We are one