Never found anybody to understand
Never found a lover to take me as I am
Oh oh
So many emotions caged up inside
Nowhere to run wound up way too tight
But you know just what to do

You release me
You let me be anything I wanna be
You you free me
From the fear inside each and every time
You release me
I thank god I found your love
I thank god I found your love

You know how to hold and it feels so good
You don't judge me and I know you never would
Oh oh
All of these feelings coming pouring out
You got me started and there's no stopping now
You know exactly what to do

You release and I gotta say
You understand me in every single way
You release me like I've never been
Your love frees me over and over again