

## Simple X

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Some people wake up on Monday mornings  
barring maelstroms and red flare warnings  
with no explosions and no surprises  
perform a series of exercises

hold your fire  
take your place around an open fire

before your neurons declare a crisis  
before your trace Serotonin rises  
before you're reading your coffee grounds  
and before a pundit can make a sound  
and before you're reading your list of vices  
perform the simplest exercises

so here at the end  
the war is over  
there's nothing left to defend  
no cliffs of Dover  
so let us put down our pens  
and this concludes our test  
our minds are scattered about  
from hell to breakfast

hold your fire  
take your place around an open fire  
don't open fire