

## Take Some More

And One

Too much hunger in some days  
how much longer must we wait  
promised wonders everyday  
take some more to feel o.k.

lay the table - act of grace  
you're not able - lost of face  
from the cradle to the grave  
take some more to feel o.k.

take some more - to feel o.k.  
take some more - carry the day

on your marks and keep ahead  
with the aim to stay in the red  
friend are cut out - it's your game  
take some more to feel o.k.

take some more - to feel o.k.  
take some more - carry the day  
(talk about destruction)

depression comes in many flavors  
feelings of sadness,  
frustration and unhappiness  
unnatural reactions to real life problems  
but here're the statistics:  
more and more teenagers  
suffered by psychic diseases  
caused by chemical and designer drugs  
the suicied rate is increesing  
the suicied rate is increesing

take some more - to feel o.k.  
take some more - carry the day