Lyrics by J. Emery and K. Nardi

Repeat this habitual course
To lift this weight which drags me under
Treading in my remorse
I must stay above the surface longer

Shattering...

Shattering needed rest Awakened reality I must confront without... These idle hours of sleep

Welcome this simple change Find solace in my frequent slumber Leaving the once mundane Escape this world of wretched plunder

Shattering...

Shattering needed rest Awakened reality I must confront without... These idle hours of sleep

Shattering needed rest
Awakened reality
I must confront without...
These idle hours of...
...Sleep