Help Yourself

Amy Winehouse

When I walk in your shoes I understand a man confused There must have been but I don't care I feel the way your soul does there

Darling they empathize Looking through your bloodshot eyes And I know you, you're so frustrated Above we all become what we once hated Be slight nobody can be that wise

I can't help you if you won't help yourself I can't help you if you don't help yourself You can only get so much from someone yeah You can get so much from me I can't help you if you won't help yourself

You've got a degree a in philosophy So you think, you're cleverer than me But I'm not just some drama queen 'Cos it's where you're at not where you've been

So what do you expect from me To hold your head above the sea And there are you even though you're bigger 'Cos don't you know, you crush my tiny figure And anyway we're still so young and this isn't yet the day

I can't help you if you won't help yourself I can't help you if you don't help yourself Yo can help so, you can only get so much from someone yeah I can't help you if you won't help yourself

You might be twenty-five but in my mind I see you at sixteen years or most of the time And I'm, I'm just a child and you're full grown And no I find nothing like I've ever known yeah I like nothing that I ever do