When you're in the shape I'm in It's tellin' me somethin' It's givin' me warning It's gotta be rough, man When you're in the shape I'm in From all of your lies You left me cryin' Didn't know where I could turn to You said you loved me And you turned your back on me, girl And I believed in all your lies You took my heart and soul And now the pain won't go When you're in the shape I'm in It's tellin' me somethin' It's givin' me warning It's gotta be rough, man When you're in the shape I'm in From all of your lies Was I the one man That you said you'd always stand by But when the hard times came You left without a goodbye Was I a fool to let you go? How can I feel alive When I just feel like dyin'? Can't you see I'm a man who's cryin'? You took my heart and soul And now the pain won't go, no Shape I'm in From all of your lies Was I a fool to let you go? How can I feel alive When I just feel like dyin'? Shape I'm In When you're in the shape I'm in From all of your lies