

# Sharks and Danger

Alexisonfire

St. Catharine's Psychiatric Help Line, this is Nancy

I'm sure this is all gonna sound really ridiculous  
And I don't exactly expect anyone to believe all this  
For after a while I've been kinda keeping  
Correspondence with my sanity

And I really get the feeling that I'm starting  
To lose interest in the letter writing process  
The pieces of the letters  
They just get progressively shorter and shorter  
Until it's not even a reply

I, the whole thing makes me really nervous  
I just wish I could show you  
What a huge problem this is

As life hangs beside me  
I gather all that I can  
You were never one for confrontation  
But now it lies all in your hands

I kind of have this really terrible habit of  
Asking myself all these stupid questions right?  
Like what if, what if there's a spot on my body  
That I can touch to keep my heart from beating?

Or like what if, what if there's this stray bullet  
Out there that's gonna come through my window  
And take me out?

Like what if, what if there's this huge unstoppable comet  
That's just gonna like, destroy the earth and all of us?  
Like what, what if that's happening right now?  
Like how can I avoid all these questions if I don't have that?

Like, who is gonna be here? Why?  
Who is gonna be there in the hospital?  
Who is gonna tell me that all this is bullshit?  
It's a dream, just a dream  
This is not a joke and I'll never sleep

Who will be there to  
Tell me how stupid I am  
Who will be there to  
Tell me how stupid I am

Who will be there to  
Tell me how stupid I am  
Who will be there to  
Tell me how stupid I am

Who will keep me from lashing out?  
(Lashing out)  
Anxiety chokes me like razor wire  
(Razor wire)

Who will keep me from lashing out?

(Lashing out)

Anxiety chokes me like razor wire

(Razor wire)

Now it's all in your hands, it now ends

Now it's all in your hands, it now ends

Now it's all in your hands, it now ends

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Razor wire

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