

So today I wrote a song for you  
Cause a day can get so long  
And I know its hard to make it through  
When you say there's something wrong

So I'm trying to put it right  
Cause I want to love you with my heart  
All this trying has made me tight  
And I don't know even where to start

Maybe that's a start

Cause you know its a simple game  
That you play filling up your head with rain  
And you know you are hiding from your pain  
In the way, in the way you say your name

And I see you  
Hiding your face in your hands  
Flying so you won't land  
You think no one understands  
No one understands

So you hunch your shoulders and you shake your head  
And your throat is aching but you swear  
No one hurts you, nothing could be sad  
Anyway you're not here enough to care

And you're so tired you don't sleep at night  
As your heart is trying to mend  
You keep it quiet but you think you might  
Disappear before the end

And it's strange that you cannot find  
Any strength to even try  
To find a voice to speak your mind  
When you do, all you wanna do is cry

Well maybe you should cry

And I see you hiding your face in your hands  
Talking bout far-away lands  
You think no one understands  
Listen to my hands

And all of this life  
Moves around you  
For all that you claim  
You're standing still  
You are moving too  
You are moving too  
You are moving too  
I will move you