

Numb

Alanis Morissette

I feel smothered and encumbered and defeated and drawn
Disappointed, over-extended and frustrated and shaken
This over-giving , over-loving, this care taking goes on
With no chance of intermission.
I'll be checked out, I'll be gone

Have to remove myself from sensation

Here comes the feeling
I run from the feeling and reach for the drug
Can't sit with this feeling
I'd rather be flying and comfortably numb

I feel anxious, I am nervous, I am bored
I'm overwhelmed, rather be out of my gourd

Have to remove myself from sensation

Here comes the feeling
I run from the feeling and reach for the drug
Can't sit with this feeling
I'd rather be flying and comfortably numb

I am lonely, I feel hungry and unloved
I feel angry, I am livid, need a hug

Here comes the feeling
I run from the feeling and reach for the drug
Can't sit with this feeling
I'd rather be flying and comfortably numb