I wear their face on top of my face I am the perfect target screen For your blindly fueled rage I bare the brunt of your long buried pain I don't mind helping you out But I want you to remember my name It's not all me It's not all my fault I may remind you, but I won't take it all on Past-riddled rage I see the buttons I engage With my dignity in place? I'm all too happy to assuage It's not all me It's not all my fault I may remind you, but I won't take it all on Lest I find my voice Find the strength to stand up to you Lest I state my limit And take on only what is mine to We are a team I'm here to help mend and re-seam All I trigger unknowingly A job I hold in high esteem It's not all me It's not all my fault I may remind you, but I won't take it all on It's not all me It's not all my fault I may remind you, but I won't take it all on

I'll only take some of it