## **Break**

## **Alanis Morissette**

Indeed I have sucked it up to heights unknown to those outside my body has contained and suppressed and swallowed and abetted Oh I am a stranger to myself beneath altruism dwells a force uncontended a voice that is tempered to boiled and unhindered

Who am I kidding? I am not some Mother Theresa If I don't say something soon I will break from the weight of the high road I take No

Indeed I need my chance to fail some room to unravel I need a chance to blame for two minutes unbridled, unbrazened so I need imaginings of maiming fantasies of outright screaming I need a chance to thrash for minutes uncontained, unforgiving

Who am I kidding? I am not some Mother Theresa If I don't do something soon I will die from restraint As a sick subjugate No

I will move beyond, I'm certain of that the sooner I go the quicker I'll be back I would not threaten or cause you any harm Have to get this out or my light will go out

Who am I kidding? I am not some Mother Theresa If I don't do something soon I will die from restraint As a sick subjugate No