

## 8 Easy Steps

Alanis Morissette

How to stay paralyzed by fear of abandonment  
How to defer to men in solvable predicaments  
How to control someone to be a carbon copy of you  
How to have that not work and have them run away from you  
How to keep people at arms length and never get too close  
How to mistrust the ones you supposedly love the most  
How to pretend you're fine and don't need help from anyone  
How to feel worthless unless you're helping anyone else

I'll teach you all this in 8 easy steps  
In the course of a lifetime you'll never forget  
I'll show you how to in 8 easy steps  
I'll show you how leadership looks when taught by the best

How to hate women when you're supposed to be a feminist  
How to play all pious when you're a real hypocrite  
How to hate God when you're a prayer and a spiritist  
How to sabotage your fantasies by fear of success

I've been doing research for years  
I've been practicing my ass off  
I've been waiting my whole life for this moment, I swear to you  
Culminating just to be this well versed leader before you

How to lie to yourself and thereby to everyone else  
How to keep smiling when you're thinking of killing yourself  
How to numb a la holic (?) to avoid going within  
How to stay stuck in blue by blaming them for everything