

How Does It Happen

Al Stewart

Oh, kid you're in a terrible state
You better pick yourself up before it gets too late
You're into physical fitness and emotional fatness
You think you're an actress, you act like a mattress
How does it happen?
How does it happen?
How do things get to be that way?
How does it happen?
How does it happen?
I feel like a wheel on a train that's runnin' away
Runnin' away, runnin' away
Runnin' away, runnin' away

Oh, kid it can be bad out there
When the trash comes at you from everywhere
An original thought can be such a rush
Why do they feed you on a diet of man-made mush?
How does it happen?
How does it happen?
How does it get to be that way?
How does it happen?
How does it happen?
I feel like a wheel on a train runnin' away
Runnin' away, runnin' away
Runnin' away, runnin' away
I feel like a wheel on a train that's runnin' away

Oh, kid there's no quick solution
And there's no one there to grant you absolution
When your friends belong in an institution
There's a spanner in the works of evolution
How does it happen?
How does it happen?
How does it get to be that way?
How does it happen?
How does it happen?
I feel like a wheel on a train that's runnin' away...
Runnin' away, runnin' away
Runnin' away, runnin' away
Runnin' away
I feel like a wheel on a train that's runnin' away
Runnin' away, runnin' away