

## How Does It Happen

Al Stewart

Oh, kid you're in a terrible state  
You better pick yourself up before it gets too late  
You're into physical fitness and emotional fatness  
You think you're an actress, you act like a mattress  
How does it happen?  
How does it happen?  
How do things get to be that way?  
How does it happen?  
How does it happen?  
I feel like a wheel on a train that's runnin' away  
Runnin' away, runnin' away  
Runnin' away, runnin' away

Oh, kid it can be bad out there  
When the trash comes at you from everywhere  
An original thought can be such a rush  
Why do they feed you on a diet of man-made mush?  
How does it happen?  
How does it happen?  
How does it get to be that way?  
How does it happen?  
How does it happen?  
I feel like a wheel on a train runnin' away  
Runnin' away, runnin' away  
Runnin' away, runnin' away  
I feel like a wheel on a train that's runnin' away

Oh, kid there's no quick solution  
And there's no one there to grant you absolution  
When your friends belong in an institution  
There's a spanner in the works of evolution  
How does it happen?  
How does it happen?  
How does it get to be that way?  
How does it happen?  
How does it happen?  
I feel like a wheel on a train that's runnin' away...  
Runnin' away, runnin' away  
Runnin' away, runnin' away  
Runnin' away  
I feel like a wheel on a train that's runnin' away  
Runnin' away, runnin' away