Expect the worst of everyone I meet
Count the clock cause I can't fuckin' sleep
Shootin' pain like a heart attack
Call my friends, I might not make it back
The doctor says I'm headed for destruction
Something's gotta give

I'm like a time bomb
Tickin' in your head
Paranoia
Clouding your judgement
And no matter what you do about it
Bout it
Bout it
I'm still in your head.
It's got me scared
Scared of the unknown
Unknown numbers been blowin' up my phone
I'm hearin footsteps outside of my house
I'm afraid someone's tryin' to take me out
The doctor says I'm headed for destruction
Can I fucking live?

I'm like a time bomb
Tickin' in your head
Paranoia
Clouding your judgement
And no matter what you do about it
Bout it
Bout it
I'm still in your head.
I'm still in your head
I am your breaking point
You can't run, you can't hide
I'll be there when you close your eyes at night
I'm always watching you
The doctor says I'm headed for destruction
My time is wearing thin

I'm like a time bomb
Tickin' in your head
Paranoia
Clouding your judgement
And no matter what you do about it
Bout it
Bout it
I'm still in your head