It's not disgrace No not deceit That make a stricken heart expire Bereft of meaning Misery on display It seems best to conclude the fight But tell me who if not you Could pull that head out of the noose? [Chorus:] Anhedonia It ain't what you say, it's what you don't do Anhedonia You've had it coming cause The truth is ugly like you A sugar-coated Smile won't do the job Let it freeze you into cold blind doubt You play the cheapest Cheap trick of them all It seems best to close everything out But tell me who if not you Could choose the actions that you do? [Repeat chorus] You might have given some more blood Dragged yourself through some more mud Though you can't recall ever pushing your luck It keeps eating you up You feel stuck You feel f**ked But you're not the victim Slowly the poison the bloodstream fills It's not the lies, it's the truth that kills [Repeat chorus] Ugly like you Other 69 Chambers songs