You keep gettin' up every single morning At the same ol' time.
All your friends used to give you a warning Not to stand in the same ol' line.
Your obsession is so neurotic,
You've lost the plot in a race to be on time.

But you don't have to look at your muthafukkin' watch To realize what time it is, yo

Chorus

Now it's time to shine,
Won't you step right out of the line.
You gotta breathe in and breathe out,
Stand up and freak out!
Scream your name out loud,
Won't you show what you're all about.
You gotta breathe in and breathe out,
Stand up and freak out!

Everybody has a reason,
But nobody's got the heart
To do what he believes in,
Resignation right from the start.
No one's able to act up,
But everybody would.
Too scared of the consequences,
You would quit if you only could.

But you don't have to look at your muthafukkin' watch To realize what time it is, yo

Chorus

Now it's time to shine,
Won't you step right out of the line.
You gotta breathe in and breathe out,
Stand up and freak out!
Scream your name out loud,
Won't you show what you're all about.
You gotta breathe in and breathe out,
Stand up and freak out!

Yo, you're scared of your boss
And afraid to be unable to feed your fam and yourself as well.
Taxes, rent, food, we all have to pay that,
But to live for work is just hell.
Life is much more and it don't make sense
That the machines you work on become your friends.
Look outta the window,
Check what's goin' on.
Look at your friends,
Are you sure you know 'em all?
See your life as a gift from god.
Dreams, freedom, friends together.
Nature, music, food, whatever.
Taste life right now,
Just get up, now!

Chorus
Now it's time to shine,
Won't you step right out of the line.
You gotta breathe in and breathe out,
Stand up and freak out!
Scream your name out loud,
Won't you show what you're all about.
You gotta breathe in and breathe out,
Stand up and freak out!

Eins, zwei, drei, vier!