

Lookin' at an angel with the devil in her ear
Sayin' four letter words that'll make it in turn
To everything she fears
Follow them and unclear whatevers in her head
Cause it burns, it gets worse, it's a curse
It should turn till pressure will appear

The snow falls for so long, you're frozen
Hold on, the cold war will be over
Over

Four star halo away, for a way to escape
But inside is an angel in hiding
Locked away, more mistakes are made by the chase
Caught up by the chance to get higher now

Spiral Down
Spiral Down
With a clipped wing
Spiral Down
Spiral Down
With a clipped wing

Lookin' at an angel with the devil in her ear
Now the roles are reversed, and she's breaking the curse
She's nearly in the clear
Fly away from anyone telling you to steer
To the person you were, cause without him you're perfect
Now heaven will appear

The snow falls for so long, you're frozen
Hold on, the cold war will be over
Over

Four star halo, away for a way to escape
But inside is an angel in hiding
Locked away, my mistakes are made by the chase
Caught up by the chance to get higher now

Spiral Down
Spiral Down
With a clipped wing
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Why do we all have to find love? Instead of just lettin' it find us?
I cannot tell if I'm blind drunk
Or live in a way that the sky does
I signed up for that mind fuck that that I does
Wait for the day that that time's up
Cause I'm sick of just spendin' that time up
Feel like I'm loosing my head, few in the end
Don't want a funeral yet
Cannot go through it again
Feel like I'm ridin' the plot of a beautiful death
And they say that if you love somebody, set them free

So even though the shit's hard to do, you gotta let me leave

Four star halo, away for a way to escape
But inside is an angel in hiding
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360 had an in depth interview with The Music. Here is what he said about his song 'Spiral Down'.

"This is about mental illness and depression and coming good and fighting off the demon. It's based on my ex-girlfriend. She has struggled a lot. Over time I saw her get better. She was in a dark spiral and then I was able to help her through it and saw her come out. Mental illness is always so touchy and people are afraid to talk about it but the best thing for you is to talk. It can be hard to admit but talking is the best thing."