

If there's a scream inside of you  
Just let it go  
You're beating yourself up baby  
Don't you know  
You've got to get through  
And lift the roof off your soul

It's like the pain locked  
In the part of your heart  
It's never gonna leave it  
Unless you start  
To warm it up  
Be wise and be smart

Out on the ocean  
There's no one around  
No one to hear a sound  
It's just us out here  
Out on the ocean  
Speaking free

Away from the city  
Away from the ears that  
Bug us and judge us  
It's so liberating  
To be free  
And my heart slows down

Nice and easy  
And your breathing will be pleasing  
Just speak easy  
And say what's on your mind  
I search for something  
To compare you to  
Thought long and hard  
For a simile true  
Now I'm suddenly aware  
End the quest you're beyond compare  
So speak easy

If there's a shadow in your life  
Then there's sunshine  
Things turning inside out  
All the time  
Just rewind  
It's all in your mind

Oh so speak easy  
Out here we're floating  
Late in the night  
And the only light to guide us is a  
Full moon that's glowing  
On the sea

Nice and easy  
And your breathing will be pleasing  
Just speak easy

And say what's on your mind  
I search for something  
To compare you to  
Thought long and hard  
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Speak easy  
Speak easy  
Speak easy