

I'm in a good way on a bad day  
Thinking of a plan a way to stay  
On top of it, nailin' in  
I have a fit if I sit, sit doin' nothin'  
Which is what I done so far, but I carve a niche  
With sits in my good things brain layin' the tracks  
Like a loco mo spark the Jay

Tabla Rosa is my brain  
Don't mean to bug or drive you insane  
Don't have to guess just, just what I'm sayin'  
If I had a point, I'd say it plain  
Dammit my brain is blank and that's lame  
I would be a liar if I said I was inspired  
Nothin' to say but that's ok  
Nod your head to this

Messin' around, I'm not having it, you bite the hand I put your head out  
I come to know a travesty and so sad to see  
The scene dictated by frustrated former musicians  
Switchin the emphasis from art to money  
But I demand autonomy what else  
I tell you what's wrong to me  
The industry's ability to manufacture stars  
They churn them out like Iwo Jima makes cars  
But the blame lies not with those suits for trying  
It's the sheep that keep on buying that soulless crap  
Whatever they put in front of ya  
The hysteria of America  
Nod your head to this

Well, stress is the enemy and not a friend to me  
One thing I see is to be easy goin'  
Throwin' down sit back and watch my life flowin'  
And knowing life is but a dream  
You can ask my home team, and uh, let me tell you how I see  
My economy seems to be in words, not action actually  
Ya see, yes, I'm a tempest and I rarely rest  
But that's what you go to do if you want to be the best  
So I'm on a threshold so don't tell me no  
I just flow and know I can count on my bros

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Nod your head to this, to this, to this

Don't you know that the Devil he's in me and God she is too  
My Yin hates my Yang, but what the hell ya gonna do  
I choose a rocky ass path, but that's how I like it  
Life's a bowl of punch go ahead and spike it