Biting the hand that feeds you
Lying to the voice inside
Reach out to beg for something
This life is a lesson, take what you're given

Feeding on self destruction
Waiting to explode again
No sign of resolution
This life is a lesson, take what you're given

You don't need direction to find your way Don't you listen to yourself now and again Killing time, killing your mind over matter Stop and listen to yourself now

Bend me before I break down
Dying to be free within
It's not how you'd like to see it
This life is a lesson, take what you're given

Forcing yourself solution
As you fall into line again
When will I find the answers
This life is a lesson, take what you're given

You don't need direction to find your way Don't you listen to yourself now and again Killing time, killing your mind over matter Stop and listen to yourself now

Falling to the ground

Left face down as I recall the mirror's ugly glare

Falling to the ground

Left face down as I recall the mirror's ugly glare

Falling to the ground
As I recall
Oh, as I recall the mirror's ugly glare

You don't need direction to find your way Don't you listen to yourself now and again Killing time, killing your mind over matter Stop and listen to yourself now