

# Follow the Sun

**Xavier Rudd**

Follow, follow the sun  
And which way the wind blows  
When this day is done  
Breathe, breathe in the air  
Set your intentions  
Dream with care  
Tomorrow's a new day for everyone  
A brand new moon and brand new sun

So follow, follow the sun  
The direction of the birds  
The direction of love  
Breathe, breathe in the air  
Cherish this moment  
Cherish this breath  
Tomorrow's a new day day for everyone  
A brand new moon, brand new sun

When you feel life coming down on you like a heavy weight  
When you feel this crazy society adding to the strain  
Take a stroll to the nearest water's edge, remember your place  
Many moons have risen and fallen long, long before you came  
So which way is the wind blowing  
What does your heart say

So follow, follow the sun  
And which way the wind blows  
When this day is done