The days are overwhelming
I swear I just can't tell if I'm
Coming or going, I wish I was all knowing
Cause I want to fly, but what if I
Fall right on my face
But I can't stop here, I gotta face my fear
Or everyday before this was in vein

So I got to keep on going on And I can't stop for nothing So I got to keep going on and on and on

My anxiety is killing me
Sleepless nights I must defeat
Cause nothings really wrong
Guess it just took so long
For me to get to the place, I wanted to be
Now that I'm here, I got face my fear
Or everyday before this was in vein

So I got to keep on going on And I can't stop for nothing So I got to keep going on and on and on

I've gotta hold my head up high
Can't settle for just a little bit of sky
Can't be afraid to spread my wings and fly
I've gotta turn my dreams into life

So I got to keep on going on And I can't stop for nothing So I got to keep going on and on and on