Come on! Come on! Uh! That's right, Nonpoint, Darwin's, Grimm in the house, lemme hear that shit Na'mean? Uh! Bout to slay those fuckin tracks Here we go, come on! Once upon a time not long ago When people wore pajamas and lived life slow When laws were stern and justice stood And people was behavin like they are too good There lived a little boy that was misled By another little boy and this is what he said Check it "Me and you kid we gonna make some cash (What! What!) Robbin old folks and makin' a (Come on! Come on!) dash..." Their jackets tied, money came with ease But one couldn't stop, it's like he had a disease He robbed another (Stick it up!) and another (Stick it up!) Michael Jackson (Stick it up!) Stevie Wonder (Stick it up!) Tried to rob a man who was a D.C. undercover The kid got wild startin' actin' erratic He said "I Got you all in check" Come on! Yah Yah Yah Yah! Come on! When I step up in the place and yo I step correct WOO-HAH!! Got you all in check I got that head nod shit that make you break your neck WOO-HAH!! Got you all in check Well you know we come through to wreck the disco tech WOO-HAH!! Got you all in check Throw your hands up in the air and never disrespect WOO-HAH!! Got you all in check Yo grimm What's up? Which muthafucka stole (Ha! Ha!) my flow? Eenie, meenie, minie, moe Throw them types of niggas right out the win-dow Blast your ass, hit you with a di-rect blow! BLAH!! Comin through like G.I. Joe Star Wars movie deal like Han So-lo Make you bounce around like this was calyp-so Always shine cause I got the high pro glow You think that you can hide, you think you can lay low? Roll up on your ass like Hawaii 5-0 Mad out, with my dreads in my Kang-lo Forget that Moet nigga, just bash the Cisco! Yo! Take a trip down to Mexico

Come back with that shit that might make you psycho

Maximum frequency through that stereo

Sorry this is it but homeboy, I gots (Say what?) ta go!

Yo, where you go? Where you at? Bring it back!
Big props to all my people on the hip-hop scene who going
Fast than me with abrushima my inspiration from youth
Killa bee got loose, don't be teared, don't be mad, no, give it the truth, s
ay

M-E-T-H-O-D, Man (4x)

Break yourself nigga! Hey you! Get off my cloud Let me get raw with my southpaw style Mover, puffin on a fat blunt from Cuba It's the Meth-Tical jet to Cal, I'm the Buddha Monk on the hunt for machine gun foes I keeps you open like a slug from the shotgun punk Double-barrel, yeah Meth bring it to them proper Partner, you ain't got no wins in me casa Straight up, you movin too fast so baby wait up Took one, added seven more now you eight up Get on down with your bad self Get on down, listen to the sound, come on! Few can ever get this whole commit legit See you all up in my dick But you don't know shit, uh-huh What's your definition of a real MC? From what you dedicated, ya it must be me Meth-Tical, a lewd descendant of the loud hip-hop I go on to the break of dawn and just don't stop Give me the green light and the sign one way At last, What you got to say? Come on

Move it in, move it out
Stick it in, pull it out
Shake it up, shake it down
Come on y'all, Meth-Tical
Oh I hope and pray that I will
But today I am still
Just a...
M-E-T-H-O-D, Man (x11)
Break yourself (Get the fuck up!) nigga!
M-E-T-H-O-D, Man (4x)
Man! (3x)
M-E-T-H-O-D
Bitch!