Where do I take this pain of mine? I run but it stays right by my side

So tear me open and pour me out There's things inside that scream and shout And the pain still hates me So hold me until it sleeps

Just like the curse, just like a stray You feed it once and now it stays Now it stays

So tear me open but beware There's things inside without a care And the dirt still stains me So wash me until I'm clean

It grips you so hold me
It stains you so hold me
It hates you so hold me
It holds you so hold me
Until it sleeps

So tell me why you've chosen me Don't want your grip Don't want your greed Don't want it

I'll tear me open, make you gone No more can you hurt anyone And the fear still shakes me So hold me until it sleeps

It grips you so hold me It stains you so hold me It hates you so hold me It holds you, holds you Holds you until it sleeps

Until it sleeps Until it sleeps Until it sleeps Until it sleeps

I don't want it
I don't want it, want it, want it
Want it, want it, no

So tear me open but beware There's things inside without a care And the dirt still stains me So wash me 'til I'm clean

I'll tear thee open, make you gone No longer will you hurt anyone And the hate still shapes me So hold me until it sleeps Until it sleeps
Until it sleeps
Until it sleeps
Until it sleeps
Until it sleeps