

# The Last Lost Continent

La Dispute

I felt your sickness brush against my arm as I walked by you  
Heard your voice but couldn't tell that it was you  
And slowly watched your sickness slip away  
Into a place that I'd once feared  
But I was not afraid this time  
So I gave chase and found it finally  
Slowly feeding from your head  
And from my friends and from my family  
So I grabbed it by the neck  
For every lover you have ruined  
I dug my nails into its flesh  
And every life that you have taken  
Slammed it's head against the brick  
It's blood poured out onto the pavement  
I stirred it in with dirt and spit  
I will take a part of you  
I made mortar from the mix  
Tore every organ from its body  
Broke it's bone and fashioned bricks  
I laid the mortar in between  
I made a throne for hope to sit  
Too long you've torn us into pieces  
Firmly held onto our wrists  
Today I buried you in me  
I swallowed every inch of it

I'll hold you as you have held me  
You've held me in your heart  
We'll be, we'll be set free from  
We'll be set free from fear  
We'll be set free  
We've felt our failures  
We've watched our passions leave  
But we're still breathing on  
We're still breathing on  
I'll hold you as you have held me  
You've held me in your heart  
And I will hold you in my heart

But I still see him dead in the parking lot  
At the gas station just down the street  
And I still hear my friend say  
You know, you wouldn't believe the things I saw when I was stationed overseas  
But he somehow keeps smiling in spite of all of that  
While I keep finding ways to push the good out for the bad  
Oh, how selfish of myself  
To always say that it was more than I could take  
Like it was pain I couldn't shake  
Like it could break me with its fingers  
Throw my body in the lake and I would slowly sink away  
But the truth is it was sorrow that I made and wouldn't face  
See, I keep falling for the future after tripping on the past  
And I am always tearing sutures out to make the anguish last  
Like it defines me or reminds me  
I've found comfort in my suffering  
And uncertainty in happiness and death

Because what's next is such a mystery to me  
And I am terrified of all the things I feel but cannot see  
Friends and family  
Put your hand into my hand and lay your head into my chest  
You are all that I have left here  
We are all that we have left

We are the lovers  
We are the last of our kind  
So link your arms and keep your chin up  
And I swear that we'll be fine  
We are the lovers  
We are the last of our kind

Though we are not sure who we are  
We keep our heads up  
Though we are not sure where we're from  
We keep our hearts up  
Though we are not sure when we'll leave  
We keep our heads up  
Though we are not sure where we'll go  
We keep our hopes up  
Though we're not sure who we are  
We keep our heads up  
Though we're not sure where we're from  
We keep our hearts up  
Though we're not sure when we'll leave  
We keep our heads up  
Though we're not sure where we'll go  
We keep our hopes up

Keep your head up  
We're fine  
Just keep your head up  
I swear we'll be alright  
Keep your head up  
My friends, my friends  
Keep your head up, I swear  
I swear we'll never die  
I swear we'll get home safe and sound  
I swear  
I swear we'll never die  
I swear we'll live on underground  
I swear

I will give your heart a place to rest  
When everything you had has turned and left

I'll weave your names into my ribcage  
Lock your hearts inside my chest  
Regain the passion I once carried  
Do away with all the rest  
I tore the sickness from your bodies  
Smashed its head against the bricks  
I made a castle from its bones  
That you may always dwell in it  
So sing for every buried moment  
That you thought would never end  
And sing your fears about the future  
And a dirge for faded friends  
For all the love that you had held to  
Why it somehow failed to keep  
And sing for each minute you've been frightened

Every hour you've lost sleep  
And sing for all your friends and family  
Sing for those who didn't survive  
But sing not for their final outcome  
Sing a song of how they tried  
We live amidst a silent storm  
Leaves us unsatisfied at best  
So fill your heart with what's important  
And be done with all the rest  
We are what's left of what we once were  
We are falling far behind  
There's so much stacking up against us  
And we're running out of time  
We are but hopeful children  
And we're the last of our kind  
But if we let our hearts move outward  
I know we will never

We are but friends and family  
We are the last of our kind  
So hold my hand, I'll lift your head up  
And I promise we'll be fine  
We are but hopeful lovers  
And we are running out of time  
There's so much stacking up against us  
And we're falling far behind  
We are but hopeful lovers  
We are the last of our kind  
But if we let our hearts move outward  
I know we will never  
We are but lovers  
We are the last of our kind  
And if we let our hearts move outward  
I know we will never  
We are but lovers  
We are the last of our kind  
And if we let our hearts move outward  
We will never die