There's a new day on the horizon There's a rising in the air Somewhere somebody's tryin' to tell me they care So I'm a lift my head to a new day Plant my feet on the ground Look at life in a new way and what's goin' down Cuz today's the day, I'm gonna take things slow Try and change my ways, forgive and let all that go Tell the ones I love, what they need to know I'm gonna turn around, settle down And slow my roll Mixin' loneliness and whiskey Heartache and cocaine Livin' life like a gypsy, lost and ashamed So I'm a look to the Lord as my witness Rest my hat on a shelf Trade these boots for forgiveness and find myself Cuz today's the day, I'm gonna take things slow Try to change my ways forgive and let all that go Tell the ones I love, cuz they need to know I'm gonna turn around, settle down And I can't believe 16 has long since past Cuz I'm tired of runnin', and never looking back And I won't survive if I live this life this fast, no, no And today's the day, I'm gonna take things slow Change my ways, forgive and let all that go Tell the ones I love, what they need to know I'm gonna turn around, settle down And slow my roll Slow my roll, slow my roll