

He Knows

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All the bitter weary ways
Endless striving day by day
You barely have the strength to pray
In the valley low

And how hard your fight has been
How deep the pain within
Wounds that no one else has seen
Hurts too much to show

All the doubt you're standing in between
And all the weight that brings you to your knees

He knows
He knows
Every hurt and every sting
He has walked the suffering
He knows
He knows
Let your burdens come undone
Lift your eyes up to the one
Who knows
He knows
He knows

We may faint and we may sink
Feel the pain and near the brink
But the dark begins to shrink
When you find the one who knows

The chains of doubt that held you in between
one by one are starting to break free

Every time you feel forsaken
Every time that you feel alone
He is near to the brokenhearted
Every tear
He knows
He knows